Depression of Freshman Design Students and Factor Analysis of Depression

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Abstract. Within the college of design and arts, the design department is one of the developmental points in Taiwan. Emotional changes affect the cognition of product forms and colors. This study uses the CES-D questionnaire to explore the depression of freshman design students and find depression factors for design students. This chapter obtained structures of six factors from design students. It is different with other studies, besides “negative affect” and “interpersonal problems”, four more factors of “psychological and physical fatigue”, “sadness and crying”, “sleep problems”, and “lack of appetite”.